

Please retain this copy for your records



Crisis Phone Numbers

Should you have an emergency, go to your hospital emergency room or call 911. Should you need to talk to someone right away, the following crisis lines are available 24 hours, seven days a week.

Dakota County Crisis Response Unit	952-891-7171
Washington County Crisis Line	651-275-7400
Ramsey County Crisis Line	651-266-7900
Hennepin County Crisis Line - Children 17 and under	612-348-2233
Hennepin County Crisis Line - Adults 18+	612-596-1223
Anoka County Crisis Intervention	763-755-3801
Carver County Crisis Intervention	952-442-7601
Scott County Crisis Intervention	952-818-3702
First Call for Help (Not an emergency service but information & referrals)	211
Casa de Esperanza Domestic Violence/Shelter	651-772-1611
Crisis Text Line	Text MN to 741741
Dial from your cell phone to be connected to the closest crisis response service	Dial **CRISIS
National Suicide Prevention	1-800-273-8255
National Youth Crisis Hotline	1-800-442-4673
OutFront Minnesota for Domestic Violence/LGBTQ+	612-822-0127 option 3
Women's Advocates Domestic Violence Shelter Hotline	651-227-8284
The Trevor Project for LGBTQ	1-866-488-7386 or text START to 678678
Veterans Crisis Text Line for Veterans and Families	Text 838255